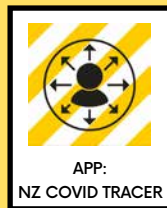


## PICK-UP & DROP-OFFS:

- Please drop off & collect from outside training venues.
- Parents please remain in cars.
- Separate entry and exit doors where venues allow.

## HEALTH SURVEY & CONTACT TRACING:

- Cell phone users to scan QR code on entry.
- Attendance taken on entry – for contact tracing purposes.
- Health survey on entry – flu symptoms, living with anyone sick or travel in past 14 days – Sorry not able to attend.
- Anyone with flu symptoms sent home.
- If any attendee or staff member has a positive COVID19 result we will follow all health guidelines, close for a minimum of 48hrs start contact tracing and advise all who attend the venue.



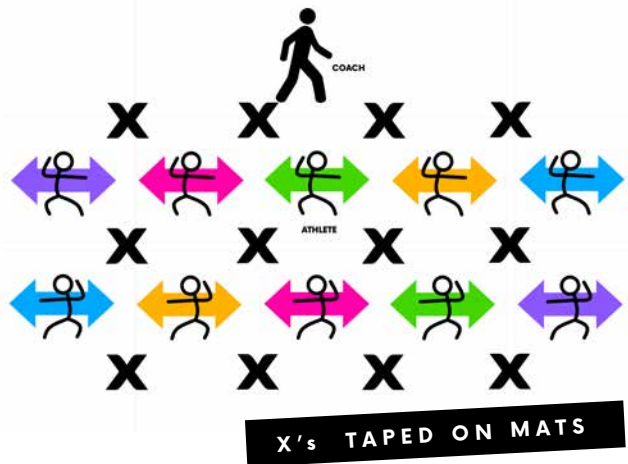
## SOCIAL DISTANCING:

- Numbers will be kept under 100 in line with Government Alert Level 2
- 2m distancing will be maintained where possible in the venue. Where it is not possible it is recommended athletes and staff wear masks - eg when stunting
- 2m will be marked on floors to ensure social distancing during classes.
- Floors will be marked with arrows and lines to ensure social distancing in relation to toilets and shared spaces.
- Venues will be separated into zones if there are multiple classes in order to keep classes separated at all times.
- No congregating allowed by athletes, coaches, parents or staff in any areas including hallways, reception areas or outside facilities.
- All spectator areas closed.



## ATHLETES:

- Please arrive changed (changing rooms & lockers will be closed)
- Limit the amount of items you bring into the gym
- Please name water bottles (these will be safely positioned during practice to avoid others & accidental sharing).
- Please take all belongings, do not leave anything behind.
- Sorry no social contact with anyone – no hugs, high fives or hand shakes.
- If unwell or living with anyone unwell please stay home.
- If you have an underlying health condition – you should not come to practice.



## CLEANING:

- Deep clean daily will be done before classes.
- Hand sanitiser on entry & starting class after stunting and at end of the class.
- All commonly used areas, surfaces, handles and touch points will be cleaned & sanitised after each class.
- All waste and disposable PPE will be securely and safely disposed of.
- Cleaning & Sanitising equipment will be available in all areas.
- Athletes are asked to wipe down any surfaces they touch.

## TRAININGS:

- Coaches to ensure that they maintain appropriate social distance from other coaches, athletes & staff.
- Coaches to amend their use of whiteboards so that athletes do not congregate around them.
- Coaches should try to avoid sharing equipment with others, including music, ipads etc.
- Coaches to sanitise any equipment after use.
- No stunting basket tosses or pyramids without a properly fitted mask.
- Equipment must be wiped down in between uses.
- No props, poms etc to be used.

